

NOTES OF THE INITIAL CLASS IN HARMONICS, APRIL 23, 1954

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THIS INITIAL CLASS WAS HELD IN THE MAIN AUDITORIUM OF THE CHURCH OF LIGHT 837 South Parkview Avenue, Los Angeles, California, Rev. Beulah Englund, Pastor. Thirty-three Students were present, and everybody was unusually prompt, enabling us to close the doors and begin our Ceramones at eight sharp.

Gerald Light, the Director, had just begun his opening remarks when suddenly a peculiar whirring shund filled the hall---and a tiny parakete flew up to the moulding-strip just behind the pulpit, and stayed there for several minutes, much to everybody's delight. We took this as a signal that the Forces of Light were with us right from the start---and They certainly were!

The first hour of the Class was devoted to Basic Instruction; the subject of our first evening's study was the need to condense and solidify our Aura, so that the Forces need not use Their own valuable time in trying to do this for us. Following the technical instructions Dr. Gerald gave us in controlling our Auras, most of us were able almost immediately to feel the the pull of current from our Solar-plexus as the Spinal Fluids were more and more condensed. The technique of reducing our Astral Energies to a single, strong focus is clearly a tremendous help in developing the ability to focus this Psychic Magnetism in whatever special faculty we wish to develop.

To test this process we were asked, later, to look at the palms of Dr. Gerald as he raised them up before the audience. While there was some difference in what many of us saw (judging by our notes later on) most of us clearly saw the lines of ectoplasmic force that were etched on his palms. And from the sudden, muffled gasp of several of the Students, we gather that they must have seen something more than the rest of us---for they were very non-committal after class. At first we ganged up on them to pry it loose, but they promptly reminded us that our Director had asked us ALL to keep these things to ourselves for at least forty-eight hours. Anyway, it seems that everybody, including your Secretary, saw the magnificent Light that appeared over the head of Dr. Gerald when he, or rather, Lord Leighton, asked us all to look above his head.

Most of us, including our Leader, were not too hopeful of much phenomena during our very first evening, especially when he and the staff were rather windied by the hard work of getting the chapel in readiness before the class. We were in a large semi-circle, around the platform, with the altar in the middle---a seating method which allowed all of us to get close to the front, in order to hear what was being said by Dr. G. in heavy trance, toward the end of the evening. During the trance-dictation by Sir Frederic Leighton, Dr. Gerald's Senior Instructor, we were able to make out a rather definite outline of Lord Leighton as he stood beside his pupil and spoke to us. We were not all blessed with a direct word of welcome from this glorious Being of Light, but he promised to reach all of us in time. And from the way several were walking on clouds as they went home evidently what Sir Francis told them was enough to "take them out of this world." No one wanted to go home, and this is always a good sign the students were really able to see or sense the Presence of our Great Friends in Spirit. Bless Them!

So, if we can judge from the results of this first evening, we are certainly justified in having enthusiastic hopes and high anticipations as the Group gets in to the swing of things, gets acquainted with each other, and really RELAXES! Remember, They have all told us: RELAX, RELAX, RELAX. Then RELAX some more.

Cordially and fraternally, Your Secretary, Raoul Blake.



NOTES OF SECOND CLASS IN HARMONICS, FRIDAY APRIL 30, 1954

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(Held in The Church of Light, 837 S. Parkview, Los Angeles, California, U. S. A.)

THIS CLASS GOT OFF TO A BETTER START BECAUSE AFTER THE TRIAL AND ERROR METHODS OF last week we were able to prepare the church and the platform and such quickly. Also a big improvement was the amplifier which Dr. Gerald brought along in order to send every little whisper from the "other side" out into the large hall.

The first hour of Instruction was fascinating, for he gave us pointers on things we had wondered about but were uncertain on carrying out properly. First, he explained the need for, and the use of, our Shrine. This is a highly practical way of daily storing up the Spiritual Forces so we can use them in our own homes in exactly the same manner the Priests of old used these Forces in their Temples.

Then he explained the secret of making a talisman or amulet to use not only with our Shrine, but also to carry with us constantly wherever we go. We have long believed in the value of these "crutches" as Lord Leighton calls them, but until now we have hesitated to use them lest we do so improperly.

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One thing that never fails to amaze, though we have all experienced it thousands of times, is how The Teachers in Spirit often answer our own questions even tho. They are talking to another Student. So many had this experience tonight! And even though all of us were not reached directly, most of us certainly were touched indirectly by These Friends of Light and encouraged on our faltering way.

Although Lord Julian, Dr. Gerald's Teacher from childhood, tried in His sweet and gentle way, to prepare us for the famous Personality who was coming to speak to us, I doubt if any of us failed to gasp when we heard her name: The tragic Queen of France, Marie Antoinette de Bourbon! As she began in halting English, a pin falling could have been heard--so intense, so rapt was everybody, as they strained to hear her words. Several later told us of the terrific sense of sadness and despair that came over them even before she began to speak, a positive indication that many are highly sensitive in the Group and need only a little coaching in the technique of Astral Consciousness. While at first some of us certainly wondered why this tragic figure of history would come to our Group, it was not long before we saw the wonderful wisdom of The Teachers in bringing her words--for at times we shuddered at the thought of a Reign of Terror coming also to our homes and families. Brilliantly, and with typical French abruptness, Marie Antoinette told us how her country had fallen victim to a few vicious and evil men who gained control of the minds of the French people. She told how even her own noble relatives and friends turned against each other--and betrayed all in the hope of being able to save themselves. She spoke of Washington and his friend Lafayette; and gave her greeting to a Student present, in French, and evidently with accuracy for this favored Student dropped her face in her hands and sobbed gently. It was very touching, and completely rewarding! She told us that the Forces of Light were at our side, instantly, if WE would call to Them. But we must do our part, she explained carefully, if They are to be of help to us. And so, we all left for home feeling indeed that the Powers of the Spirit were enfolding each of us as never before---even though the testimony of things on our side do not look so hopeful or encouraging. THEIR hands are beckoning down to us! THEY can, and will, aid and protect and supply us, if we do OUR part. And much of this part is to cease gossip, criticism, envy---and most of those very things which every one of us, as human beings, KNOW are not good for us.

Cordially and Fraternally,

Your Secretary, Raoul Blake.